

BANFF



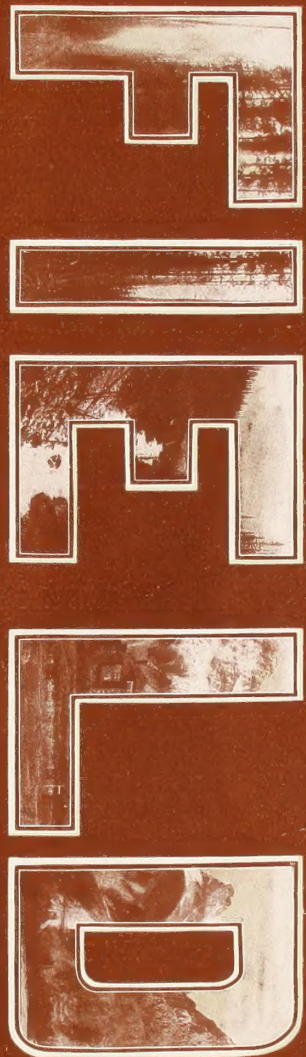
500 PACIFIC LINE
THE BEAUTIFUL

LAGGAN



500 PACIFIC LINE
THE RESTFUL

FIELD



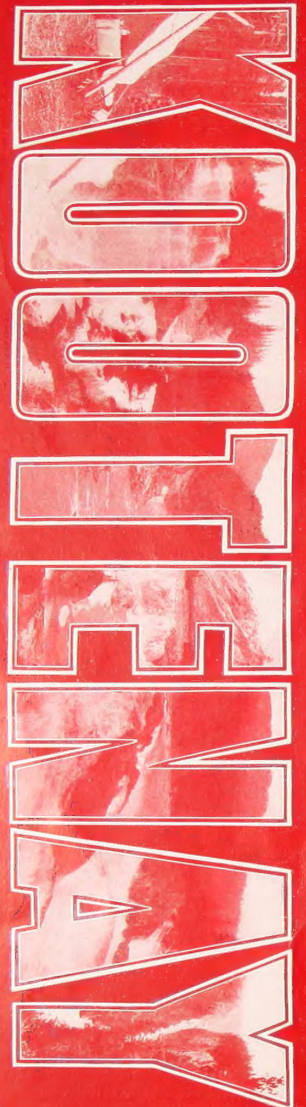
500 PACIFIC LINE
THE STUPENDOUS

GLACIER



500 PACIFIC LINE
THE MAJESTIC

KOOTENAY



500 PACIFIC LINE
THE MARVELOUS

KOOTENAY

WHAT TO DO



BANFF is essentially a place for loafing—the leisure life and not the strenuous. Delightful drives and walks invite in every direction. One may spend a summer in Banff, and never weary of the place, as all the interesting spots are easily reached by road or trail. Banff is beautiful, but it is also beneficent. The mineral Springs and Sulphur baths are curative, and the breezes that blow over Banff have healing in their wings. Families come to this village in the hills prepared to enjoy the whole of the long cool summer, as there are found here hotels for every taste and purse. The best is the Banff Springs hotel of the Soo-Pacific Railway, built high above the valley of the Bow at the junction of the Bow and Spray rivers. A delightful orchestra gives frequent concerts during the entire season. The hunting, fishing and mountain climbing is superb in and about Banff and the devotee of the camera will find unlimited opportunities for its use.

SIDE TRIPS

Within the radius of one mile are the Bow Falls, Tunnel Mountain and the Cave and Basin. Within three miles are the Hoodoos, Cascade Mountain, Stoney Squaw Mountain, Vermilion Lakes, the animal paddocks, Sundance Canyon and Rundle Mountain, and within four miles is Anthracite Mountain, and Bunkhead Mines, with Cascade Canyon seven miles and Lake Minnewanka eight.

HOTELS

Banff Springs Hotel, . . .	\$3.50 and upwards per day.
(Soo-Pacific Railway).	
Sanitarium Hotel, . . .	\$2.50 and \$4.00 per day.
Mount Royal Hotel, . . .	\$3.00 and upwards per day.
King Edward Hotel, . . .	\$2.00 per day.
Alberta Hotel, . . .	\$2.00 per day.
Park Hotel, . . .	\$1.00 per day.
Grand View Villa (Temperance),	\$2.00 to \$3.00 per day.
Hydro House (Temperance),	\$2.00 per day.
Lake Minnewanka Chalet, . . .	\$2.50 and upwards per day.

LIVERY

Splendid Livery Service is one of the features of Banff, and rates are very reasonable, ranging from \$1.00 per hour for single rigs to \$8.00 per day for party of 4 or 5, with driver.

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WHAT TO DO



BEAUTIFUL, restful Lake Louise, the waters of which are a sapphire blue, lies enshrined amid the profound silence of terrific cliffs of every conceivable form and color. The lake is small, little more than a mile long, but there is a harmonious blending of grandeur and quiet beauty in the surrounding mountains which makes a perfect picture out of the majestic snow-covered peaks in the distance and the dark wooded slopes near at hand, fully compensating for the limited expanse of water. Forests crop down the mountains to the water's edge on either side. To the Southwest is seen the bare front of great glaciers where the ice slants away heavenward until it reaches the height of many hundreds of feet, and is perpetuated by continuous avalanches from the interminable group of tremendous heights beyond. The Chalet built by the Soo-Pacific Railway is a perfect poem in both architecture and location. Everything is in taste and the service is perfect. The rooms are large and airy and all have their views which are captivating. Laggan is the station for the Lakes in the Clouds.

SIDE TRIPS

From Lake Louise an excellent trail leads away to Mirror Lake and Lake Agnes, the highest of the three. Still another to the "Saddleback" overlooking the famous Paradise Valley, from which vantage point 120 mountains peaks and twenty glaciers can be counted. Victoria Glacier, Abbots Pass, Lake O'Hara, Cataract Creek, Valley of the Ten Peaks, Paradise Valley, Ptarmigan Lakes and many other show places, all of them worthy of a visit. Guides and saddle ponies make these side trips an easy matter for anyone.

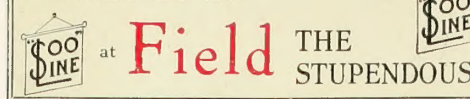
HOTELS

Lake Louise Chalet, . . .	\$3.50 and upwards per day
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WHAT TO DO



SURROUNDED by majestic peaks and tremendous glaciers, beautiful lakes and mighty waterfalls, Field combines all the essentials of a resort for the artist, the sportsman and the mountain climber. It is situated at the gateway of the Yoho Valley, a vale of surpassing loveliness where are combined a greater variety of beauty and grandeur than can be found in an equal area elsewhere in the universe. Many are the delightful trails and roads leading from the Soo-Pacific Railway Companies' magnificent hotel, The Mount Stephen House, to the wonder spots so plentiful hereabouts. The one most traveled is that to *Emerald Lake the Peaceful*. The rest cure spot of the Canadian Rockies.

SIDE TRIPS

A visit to the famed Yoho Valley, via the Natural Bridge and Emerald and Yoho Lakes, is the favorite one, two or three day trip. The route most popular is by way of the carriage road down the bank of Kicking Horse River and thence around the base of Mt. Burgess to Emerald Lake, on the wooded shore of which has been erected a picturesque modern Swiss Chalet providing excellent accommodations. From Emerald Lake there is a splendid trail via Yoho Lake to Lookout Point and a view of the great valley and stupendous Takakkaw and Twin Falls. A carriage road has recently been completed from Field into the Yoho Valley to Takakkaw Falls.

ONE DAY TRIP—Carriage to Emerald Lake Chalet. Lunch at Look-off Point and back over Burgess Pass by pony into Field. Cost—\$6.50 each person (two or more).

TWO DAY TRIP—1st Day. Carriage to Emerald Lake Chalet. Pony to Takakkaw Falls Camp. Ride to view of Twin Falls and Yoho Glacier. Then back to camp. 2nd Day. Ride from camp to Field by way of Burgess Pass. Cost—\$12.75.

THREE DAY TRIP—1st Day. Leave Emerald Lake by way of Summit Lake. Lunch at Look-off Point and on to Camp Warren. 2nd Day. Visit President Range, the snow fields, Twin Falls and the Yoho Glacier. Then to Takakkaw Falls Camp. 3rd Day. Visit Look-off Point and the Gorge. Then along the side of Emerald Mountain overlooking Emerald Lake and by way of Burgess Pass into Field. Cost—\$18.50.

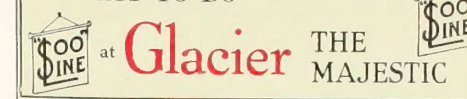
HOTELS

Mount Stephen House, . . .	\$3.50 and upwards per day.
Emerald Lake Chalet, . . .	\$3.50 and upwards per day.

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WHAT TO DO



AT GLACIER, near the summit of the Selkirks, is located the great hotel, Glacier House, almost within the shadow of Mt. Selwyn, which pushes its white crest into the air a full 11,000 feet, the highest peak of the Selkirk Range. The surrounding peaks and valleys are rich in glorious wonder caves and glaciers, woods and waterfalls, all easily accessible to even the inexperienced visitor to the mountain country.

Here too, are difficulties of snow and rock climbing sufficient to satisfy the desires of the most experienced of mountaineers, and from the standpoint of the beautiful, this region will strongly appeal to the artist and lover of nature, the immense annual snowfall causing many of the higher mountain peaks to assume an appearance of dazzling beauty and brilliancy, while the Alpine splendor of these higher altitudes is strongly contrasted with the dark green colorings of the heavily forested valleys.

For the sportsman, as well, there are many opportunities to hunt the larger game. On the mountains there are numerous herds of mountain goats and sheep, while the forests abound in bears—black, grizzly, and silver tip. During the berry season, these animals frequent the valleys and are often seen from the railway.

SIDE TRIPS

Well kept trails lead from the hotel to the Great Illecillewaet Glacier and valley, Mount Sir Donald and the Asulkan Valley. Off to the left are other peaks, MacDonald, Avalanche, Uto and Eagle. 3600 feet above the hotel on Mt. Abbott a lookout has been built which affords entrancing views of the wonderful mountain panorama. A fine trail leads also to the newly discovered Nakimu or Deutschman caves which remind one vividly of the Mammoth caves of Kentucky, which are above the snow line and at the head of a smiling valley. The chief chamber lifts its roof two hundred feet from the floor-line, its sides scintillating with crystals of quartz. The ascent of Mts. Abbott and Sir Donald is easily made with the help of the Swiss guides who are stationed here through the season.

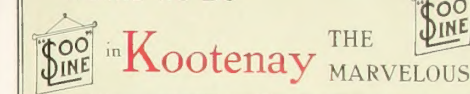
HOTELS

Glacier House, . . .	\$3.50 and upwards per day.
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WHAT TO DO



THE KOOTENAY and its wonderful lakes. No description can do it justice; it's mountains in many places topped with snow, their sides covered with forests of spruce, pine and fir. There is wild game in plenty among the hills—deer and mountain goat—while bear often prowls near the hunter's path. Here and there a cascade flashes down the mountain sides, a silver thread on a green mantle. Splendid steamers of the Soo-Pacific Line are operated on Kootenay Lake, Upper and Lower Arrow Lakes and Okanagan Lake. These steamers are strictly up-to-date in every particular, and afford an opportunity for travel de luxe all through the region. A tip to the tourist: Don't rush through to the north of this wonderful country on the way to the Pacific coast, nor to the south enroute to the Inland Empire, but arrange, if possible, to spend a few days, a week or a month, making side trips and little journeys here and there down the picturesque rivers and through the beautiful lakes so plentiful throughout the country. Here is the idea. If one is bound to any of the points to the South, West or Northwest of this district, let him leave the main line at Coleridge Junction, going West over the route of the Crow's Nest Pass to Kootenay Landing.

SIDE TRIPS

Take the steamer from Kootenay Landing to Nelson, By rail along the Kootenay River to West Robson, Up the Arrow Lakes to Arrowhead, From Arrowhead by rail to Revelstoke, Thence to destination, or Retrace the steps as far as Nakusp, From Nakusp to Rosebery by rail, (Side trip by rail to Sandon), Down the Slocan Lake to Slocan City, By rail to Nelson, and then By boat again to Kootenay Landing. In this way having made a loop with the most beautiful lake and river scenery in North America.

Or, if returning from Pacific tidewater, these trips may be made from the Northern gateway, Revelstoke, retracing thereto or continuing on through via Nelson and the Crow's Nest Pass route and the main line to the East. The country is becoming known throughout the world for its great coal, silver and gold mines as well as for its delightful climate and wonderfully productive fruit lands which are rapidly being developed.

HOTELS

Good hotel accommodations are found in all the principal cities of the country.

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